

1 PRE-READING

- A Look at the picture. Answer the questions.
- 1. Whose pants is the man wearing?
- 2. Why is he excited?
- 3. What changes can people make in their lives to be healthier? Do you sometimes make changes to be healthier?
- **B** Read the title of the story. Think about the picture again. Answer the questions.
- 1. What do you think this story is about?
- 2. Can you guess what happens?

A New Man

Roley McIntyre was a big man—he was a very big man. He weighed 600 pounds (272 kilograms).

For lunch Roley ate ten pieces of bacon, four eggs, ten potatoes, and fried vegetables. For dinner he ate meat and more potatoes, and after dinner he always ate dessert. Before he went to bed, he ate a few sandwiches and some cake.

Roley couldn't drive a regular car because he was too big. He couldn't fit in the front seat. Roley had a special car. It had no front seat. Roley drove his car from the back seat.

One day Roley went to the doctor. The doctor said, "Mr. McIntyre, you have a special car. Now you need to buy a special coffin—a coffin for a very big man. You have to lose weight, or you're going to die soon."

Roley went on a diet. For breakfast he ate

cereal with nonfat milk. For lunch he ate baked beans on toast. For dinner he ate fish and vegetables.

After Roley began to lose weight, he met a woman named Josephine. She told Roley, "Don't stop your diet."

Roley didn't stop his diet. He continued to lose weight. In 18 months, he lost 400 pounds (181 kilograms). Then six months after that, he and Josephine got married.

After they got married, Roley bought a new car. His old car was special—it had no front seat. His new car had three rows—a front seat and two back seats. Roley bought a big car not because he was a big man. He bought it because he and Josephine wanted a big family. It was a big car for a big family. It was a new car for a new man.

2 VOCABULARY

Complete the sentences. Find the right words. Circle the letter of the answer.

- 1. After dinner Roley ate cake, cookies, or ice cream. He always ate _____.
 - a. lunch
 - (b.) dessert
 - c. breakfast
- 2. Roley couldn't drive a regular car because he was too big. He couldn't _____ in the front seat.
 - a. fit
 - b. stand
 - c. see
- 3. The doctor told Roley, "You have a special car. Now you need to buy a special because you're going to die soon."
 - a. refrigerator
 - **b.** garage
 - c. coffin
- **4.** The doctor told Roley, "You are too big. You have to go on a diet. Don't eat potatoes and dessert. You need to _____."
 - a. eat more
 - b. lose weight
 - c. buy clothes

3 COMPREHENSION

DOKING FOR DETAILS
What did Roley eat when he was big? Find the words in the story. Write them on the les below.
acon
99S
What did Roley eat when he was on a diet? Find the words in the story. Write them
the lines below.
ereal with nonfat milk
EVIEWING THE STORY
mplete each sentence. Then read the story again and check your answers.
Roley McIntyre was very big. He 600 pounds. Roley couldn't drive a
gular car. He couldn't fit in the front, so Roley's car had no front seat. He
uld drive his car from the seat.
Roley's doctor said, "Mr. McIntyre, you have to lose weight, or you're going to4.
on." Roley went on a He began to lose He met
. Her name was Josephine. She told Roley, "Don't
your diet." Roley didn't stop his diet; he lost 400

UNDERSTANDING CAUSE AND EFFECT

Two years after Roley started his diet, Roley and Josephine got

Find the best way to complete each sentence. Write the letter of the answer on the line.

- 1. Roley McIntyre was big _____
- 2. Roley couldn't drive a regular car _____
- 3. Roley needed to buy a coffin _____
- 4. Roley ate only fish and vegetables for dinner _____
- 5. Roley bought a big new car with three rows of seats ____

- a. because he was going to die.
- b. because he was on a diet.
- c. because he ate a lot.
- d. because he couldn't fit in the front seat.
- e. because he and Josephine wanted to have a big family

4 WRITING/DISCUSSION

A What did you usually eat for breakfast, lunch, dinner, and snacks in your native

	IN MY NATIVE COUNTRY, I USUALLY ATE	IN THE UNITED STATES, I USUALLY EAT
Breakfast		
Lunch		
Dinner		
Snacks		
B Take turn	s reading your chart to a partner.	0
C Answer tl	ne questions below. Write complete sente	nces.
	I your partner eat the same food?	
		•
	I do you think is healthier—the food you and in the United States?	ate in your native country or the